

Tips for the use of Biologic Medications

- 💡 Are to be stored in the refrigerator.
- 💡 Are to be brought to room temperature before injection (remove from fridge 30-60 minutes before injection).
- 💡 Injection sites include the abdomen (2 inches either side of the belly-button), top of the thigh or back of the arm. Note your site and rotate to the opposite side for the next injection.
- 💡 Use a reminder on your calendar/phone or in an APP provided by the biologic company to track doses and help remind of the next dose.
- 💡 Injection should not be through scar tissue or a tattoo. Skin can be cleaned with soap and water or an alcohol swab to ensure the alcohol is dry before injection).
- 💡 Injection site reactions do not mean it is an allergic reaction and can often be managed with an ice pack, antihistamine or topical steroid products.
- 💡 Biologics are not to be administered when there is an active infection. Seek attention from your family physician/healthcare team to treat the infection and then resume treatment when clear.
- 💡 Any non-live vaccine can be given while on advanced treatments.